

# COVID-19 CORONAVIRUS

Are you self isolating or restricting your social contacts in order to protect your health and well-being?

Do you need some help with day-to-day tasks like collecting shopping or prescriptions or posting letters?

Would it be reassuring to have a daily call from someone to make sure that you are okay?

A team of volunteers are ready willing and able to help you with these things.

**Just call 07452928226**

**To organise help or assistance**

For regular assistance please call between 9am and 5pm.

Of course in an emergency call at any time.

If you are willing to offer help please make contact on

**colwallcoronavirus care@gmail.com**

your assistance will be appreciated

**An initiative of St James the Great Church, in partnership with  
Colwall Surgery, CoCoChu, Colwall WINGS WI  
and Colwall Parish Council**